

May 29 - June 13- 2016

## Journey to the World of Living Energies

Reconnect with the Stars and with Mother Earth - meet yourself!



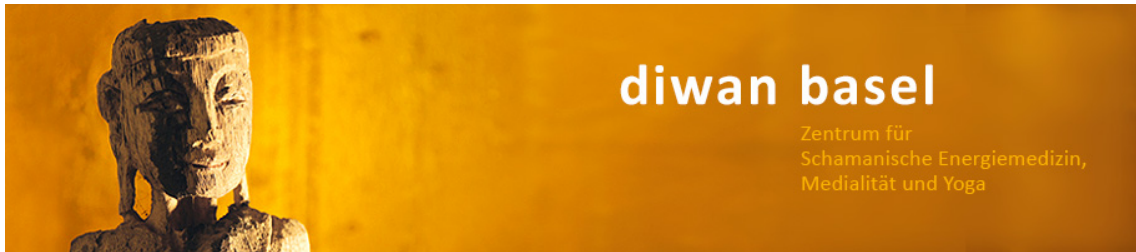
Shamanic Journey to the Qero Paqos high in the Andes of Peru with Inca Initiations on Sacred Places to reconnect with Mother Earth and the Cosmos, with the World of Living Energies and with our Source

with Qero Paqos, Luis Alejo and Diwan Basel

Languages: Quechua, English, German

Do you know moments in life, where you would like to stay in one place and wish that time would stand still?

The trip "Alchemical Wedding of the Sun and the Moon - A Journey of Apprenticeship" in June 2015, with Serena Anchanchu, Luis Alejo and Q'ero Paqos Don Mariano, Don Hernan and Don Sandiego was such a moment for me.



The Paqos led us into the heart of the Andes. They opened their original ceremonies and holy places for us and invited us to participate in their

connection to the Spirits. I experienced how time and space disappeared and each moment became a gift of incredible density and beauty (Janine Jenal).

Do you dream of your own mystical experience with the Q'ero Paqos in the Andes? We - the Paqos, Luis Alejo and Diwan Basel - invite you to travel with us to Peru.

The Paqos once again will lead us to holy places in the Andes. In a small group of about 12 people, we will receive old intitations linked to these places that connect us deeply with the spirits of the earth, the cosmos and ourselves. The highlight of the trip will be the night at the foot of Apu Salkantay, the mountain of the "wild feminine", and the ceremony at the sacred lake Umantay.

We are very happy to share the following wonderful places and experiences with you:

## **Itinerary**

Individuel flight from your homecountry to Cusco. We recommend an overnight flight to Lima starting at you in the evening of May 28th, arriving in Lima and joining the flight to Cusco (e.g. flight at 8h with LAN) in the early morning of 29th of May.

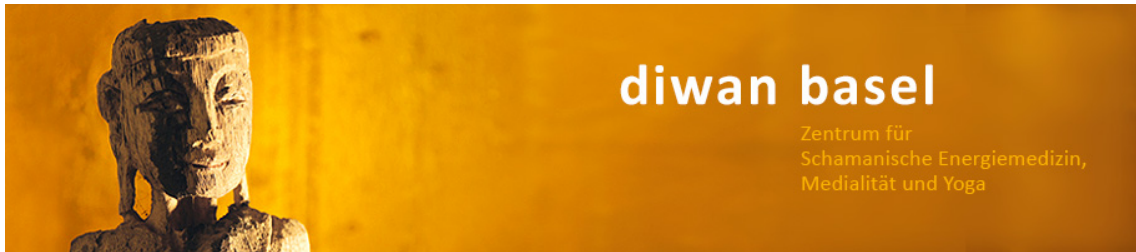
### **Day 1: Arrival in Cusco, Peru**

Upon arriving in Cusco in the morning of 29th of May, you will be met at the airport by a BackNature affiliate, who will take you by private transportation to your selected hotel at the Sacred Valley. On the way to the hotel we will do stops if necessary to shop and change currency. You will have the noon to rest and acclimatize to avoid altitude sickness.

Accommodation: **Sacred Valley Hotel.**

### **Day 2: Sacred Valley - Urco**

After a relaxing breakfast, we will go to the "waka of Urco", this place is perfect for honoring Mother Earth and you will also find a big rock, here you will see the shape of a frog, a snake around the Rock, this place is a unique Waka for the Healers. Here, we will do an opening ceremony together with our brothers from the Qeros to connect with our Pachamama.



Accommodation: **Sacred Valley**

### **Day 3: Sacred Valley - Tipon**

Today we will travel to the base of Apu Pachatusan considered since ancient times as the doorway to the universo. We will visit the arqueological park of Tipon with its amazing hydraulic system.

At the base of this mountain the qero elders will offer and a ceremony to cleanse our bodies with the water coming from this Powerful mountain.

Accommodation: **Sacred Valley**

### **Day 4: Sacred Valley - Quillarumiyoc**

Today, we will travel from Sacred Valley toward the north of Cusco to reach the valley of Añahuasi, once we are over there we'll visit the arqueological site of Killarumiyoc , importants poitns like: main astronomical observatory, the wáter fountains and the Ushno of Qoriwayrachina, afterwards the Qero Elders will offer you a ceremony to connect with the moon.

Accommodation: **Sacred Valley.**

### **Day 5: Sacred Valley - Písaq**

On this day, we will visit the sacred site of Písaq, here we will spend time visitng the main holy temples dedicates to divinities in the inkas time. The ceremony will take a place in a beautiful spot offered by the Qero elders, the ceremony will be to connect with the vision of the falcon.

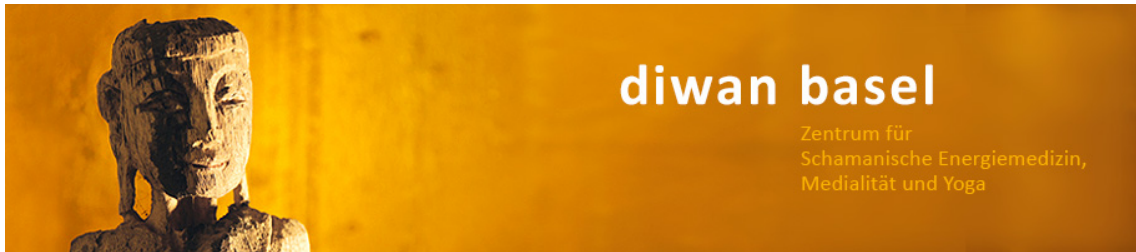
After of our ceremonial work in the ruins of písaq, we will have time to explore the very colorful market in the town of Písaq which is famous for the arts and crafts that are brought in by many people from the surrounding native communities. In the marketplace, there are many different handicrafts, including textiles, weavings, ceramics, ponchos,etc. Our private transportation will take us back to our hotel.

Accommodation: **Sacred Valley.**

### **Day 6: Sacred Valley - Moray**

On this day, we will visit the powerful and beautiful site of Moray, The Paqos will lead you in working with the new energies in this new time and helping you to plant sacred seeds for your spiritual development.

Accommodation: **Sacred Valley.**



### **Day 7: Sacred Valley - Pumamarca**

Today you will have another great experience you will visit Pumamarca an ancient Inka place where we will visit the waka of the puma in this sacred place you will have the Ceremony to work with fears led by the Paqos.

Accommodation: **Sacred Valley.**

### **Day 8: Ollantaytambo**

On this day, our bus will take us to Ollantaytambo, where we will see one of the most well-preserved buildings in terms of how the Inkas lived. Here we will visit the main temples dedicated to different deities, our guide will explain about how important was this archaeological site for the Inkas. Then we'll climb to the temple of the wind where the Qero Elders will offer a ceremony.

After our ceremonial work we will descend to the town of Ollanta and go to the train station to take our train toward Aguas Calientes ( Machupicchu)

Accommodation: **Aguas Calientes.**

### **Day 9: Machupicchu**

After breakfast we will head to the bus station, we will continue with a 20 minutes trip by bus to reach the mountain and the historic sanctuary of Machupicchu.

The tour will take a place visiting the most attractive places, where is one of the most renowned examples of the Inka architecture, streets, squares, fountains, ceremonial temples surrounded by lush vegetation. The citadel is located to a height of 2490m.s.n.m. from here you can see the mountains like Wayna Picchu, Putukusi, Inti Punku.

Optional ( climb to the top of Wayna Picchu)

In the afternoon we will take the bus down toward Aguas Calientes to have lunch, then to take the train heading to Ollantaytambo where our bus will be waiting to pick up us and take to Cusco.

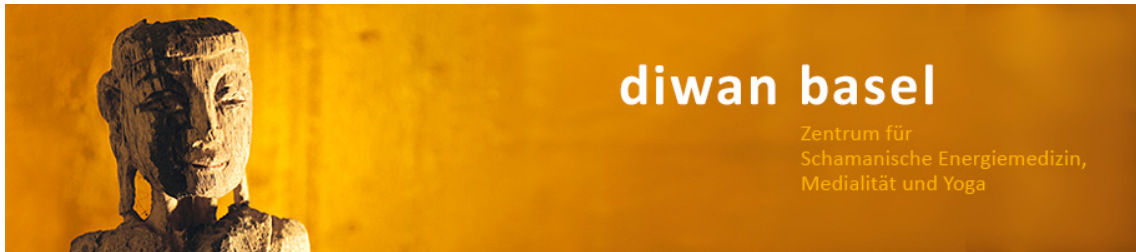
Accommodation: **Cusco**

### **Day 10: Day off Cusco**

Accommodation: **Cusco**

### **Day 11: Chinchero**

After the day off, we will continue the trip, today we will visit the



Arqueological site of Chinchero, in ancient time it was an important place for Tupac Inka Yupanqui well known as Pachaquaq, here we will have a beautiful ceremony to connect with ancestral masculine wisdoms! After we will have time to visit the local houses where local women will show us the process of weaving and recovering the Inka symbols expressed on the textiles.

Accommodation: Cusco

### **Day 12: Sacsayhuaman**

We will leave the hotel towards the overwhelming buildings of the Temple of the Lightning called Sacsayhuaman we will explore the beautiful temple, then we will continue to the amazing cracks above to do the opening ceremony with the Paqos.

Accommodation: Cusco

### **Day 13/14: Salkantay/Humantay**

For two days, starting today, you will spend time in the majestic mountain region of Soraypampa, allowing yourselves to be touched by its Apus. Camping at 4000 meters above sea level, you will be situated in the most ideal environment and experience to really connect with the natural world and to further develop your sensitivity to subtle energy work. On this first day, you will arrive at your base, set up camp, and settle in. You will also work with the element of Water at a holy lake called Umantay, which is a two-hour walk from your base camp. When you arrive at the lake, the paqos, who will be traveling with you, will offer a Despacho to Umantay. You will have the opportunity to cleanse your body, mind & soul.

Accommodation: Tents.

### **Day 15: Closing Ceremony**

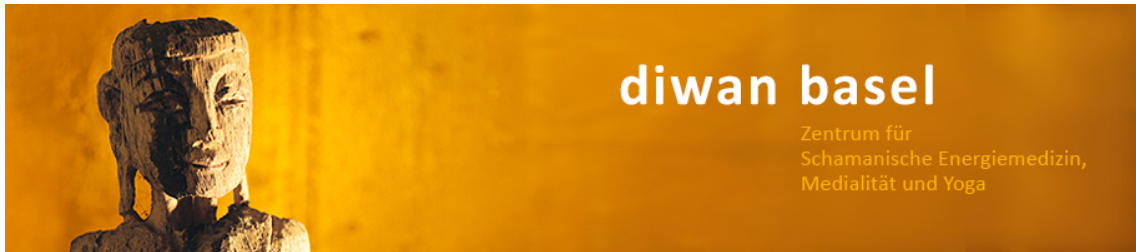
Today, it will be the integration day and the closing ceremony. That will take place at a farm out of Cusco at the valley of Pumamarca, this ranch in ancient times belongs to Inka Pachacutec and his clan. Here the Paqos will do a work with Mama Yaku, the sacred water coming from a spring to receive blessings!!!

Accommodation: Cusco

### **Day 16: Cusco - Lima**

Today you will leave to Lima to take your flights home and will arrive at home on day 17th.





❖ **Total Cost of Program:**      **CHF 2598**

**Included:**

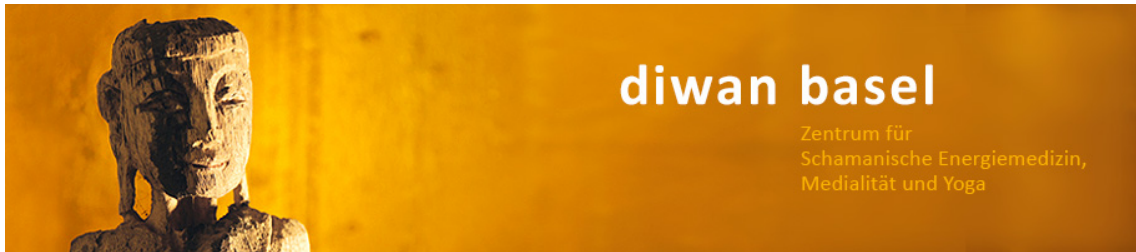
- Hotel (double rooms), including breakfast
- Camping equipment : Sleeping bags, mattress and tents.
- All entrance fees for the sacred sites we visit
- Private transportation.
- Oxygen tank if necessary for Salkantay trip
- Diet for Salkantay trip 2 Lunches, 1 dinner, 1 breakfast.
- 2 Paqos during the whole journey
- Tour Guide/ tour leader/Translation in English and German
- Train to Machuicchu/ bus

❖ **Not Included:**

- Flights from your homecountry to Cusco and from Cusco to your homecountry
- Additional meals (lunch, dinner), as specified above
- Individual healings/initiations with the paqos (upon request)
- Travel Insurance (including health insurance)
- Supplement in a SGL room **CHF: 531**
- Horses to ride at Humantay Lagoon ( Optional)
- Tips.

**Tour Leaders:**

- Paqos and Luis Alejo (Peru)
- Mentor: Janine Jenal ( Diwan Basel, Switzerland)



**Note:** Although carefully anchored in an energetic “template” as well as in detailed practical advance planning, this itinerary remains “subject to reality.” It is the nature of pilgrimage and apprenticeship that some things may change at the last minute. In our experience, the few changes that occurred on our previous journeys often opened the door to unforeseen (and usually wonderful) opportunities. Thank you in advance for your flexibility and willingness to adapt, to take advantage of the ever-changing possibilities inherent in a fluid shamanic universe!

With Love

Tukuy Sonqoymanta (from all my heart),

**Luis Alejo / Janine Jenal**

**For more informations and bookings please contact: Janine Jenal**

**Diwan Basel**

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